



ANGELA DELFINI

EXPLAIN IT ALL FOR YOU

- ~~One~~ ³/₄ Woman Show created by John Townsen & Angela Delfini -

FLYING actor studio



A show that follows the epic journey of a new type of hero.

A hero who does not seek wealth and power by defeating enemies and monsters, but simply wants to end the boredom: on the contrary, she wants to laugh and dance her happiness.

It's a rollercoaster ride for our comic hero, Estrella.

A 5-step program designed by the scientist Dr. Delfini, that will make the Odyssey of Homer seem like walk in the park ... Will it have a happy ending? You bet!

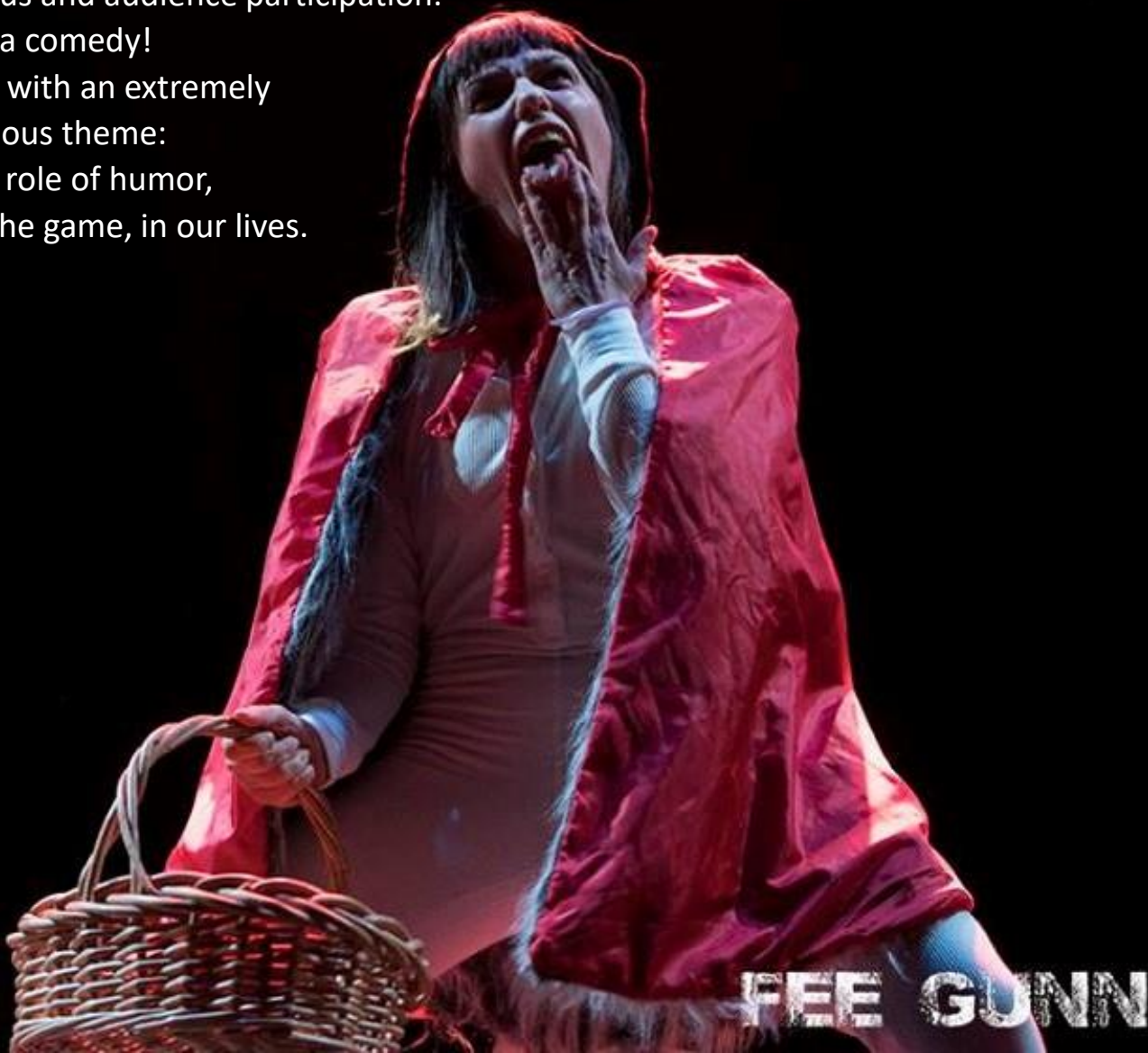
A one-woman show with Angela playing with two or more characters: Estrella, the "patient" and her guide/ doctor / researcher / guru / scientist, Dr. Delfini.

In this show, there is a strong use of irony, physical comedy, dance, circus and audience participation.

It's a comedy!

But with an extremely serious theme:

the role of humor, of the game, in our lives.



CREATION

"Angela Delfini Explains It All For You", a theatrical project with a clown mentality. The story tells about the Self-Journey.

Overcoming social pressures and the rules of the game, Estrella begins to play with her secret dreams thanks to the help of the audience, a decisive part of the ongoing process, in this crazy laboratory.

An original four-hands dramaturgy, written in English, with John Townsen, Who I met at the Nouveau Clown Institute in Barcelona in March 2013.

Created in between Italy, America and Spain, squeezing in a week or two of time over a period of four years.

Barcelona, November 2013

Ten days available to share images, emotions, music and writings.

With the improvisation, the first scenes take shape.

Finally, twenty minutes of material are presented to some friends.

Portland, Maine, June 2014

The first ideas of a scenography emerge both in terms of narrative and function. During the Very Physical Comedy Institute, working closely with other clowns, each with their own poetics, I clarified the variety of genres used in what is now a 3/4 Woman Show!

New York, April 2105

The period of questioning and rewriting the themes, their meaning, the so much loved "why?"

Going beyond the shape and talking all of it out.

Figuring out what we want to tell seems like an endless process.

And maybe it is.

And that's okay.



Barcelona, April 2016

I have the opportunity to participate at the Very Important Women festival with my show, which I first translate with the help of a Venezuelan friend of mine, Angela Lopez Ricardo.

Angela Delfini Te Lo Explica Todo is a period of dense production with John at the Almazen theater: experiments with new scenes and even though sometimes reluctantly, old material is let go of.

A decisive step for me, I have real fun with the audience!

Leave the worries of doing, everything happens as it happens, the result is pleasure; as John said: "You were on fire tonight!"

NY-Toronto, June 2017

The Toronto Festival of Clowns is another opportunity for creation.

Three "dress rehearsals" in NY before leaving for Canada are essential.

The evenings are held like so: an hour of show and an hour of feedback and notes from many different heads and hearts of the NY clown community.

What the audience sees, what they like to see, what they understand, what is the perception.

By bus to the Niagara Falls more major cuts.

The Clown community of Toronto touches my heart with the talent that distinguishes them and certainly this helps me in sharing with the warm audience.



Angela Delfini - ©2018 Jim R Moore

Mantua, August 2017

It is the time of the Italian creation for a preview, hosted in the tent of Magda Clan Circus. Angela Delfini Ti Spiega come funziona, Tutto!

A period of translation means reopening every time the chest, with some panic and secrets. Fortunately perseverance and courage prevail, thanks to the deadline of performing.

Every time a little steps ahead, the Italian version helps me and surprises me! To mention John again in his key word: "Progress!"

USA Tour 2018

In this American tour I have experienced a lot, from all points of view.

Working with different people and spaces, adapting the show every day or two is real fun and is a very good test in life.

DEPARTMENT OF AGRICULTURE
WILLIAM W. JARDINE, SECRETARY

BUREAU OF PUBLIC ROADS
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"Angela Delfini explains it all to you"
a 3/4 woman show

SF
PianoFight
Nov 12
8PM

+extra event
Circus Center
CABARET
Nov 9, 10
8PM

COLORADO SPRINGS
Millibo Art Theatre
Oct 18, 19, 20
7:30PM

AURORA
Colorado
the People's Building
Oct 16, 17
7PM

CHICAGO
Prop Thtr
Oct 4, 5, 6
8PM

NYC
Brick Theatre
Sept 8, 11, 23
8PM

LAS VEGAS
Theatre Hub
Oct 26, 8PM
Oct 27, 8PM & 11:59PM

ST. LOUIS
Circus Harmony
Oct 12, 13
8PM

BALTIMORE
Theatre Project
Sept 6, 7
7PM

CLAREMONT
Pomona College
Oct 30
7:30PM

CAMARILLA
Flying Actor Studio
Nov 6
8PM

LA
Lyric Hyperion
Theater
Nov 1, 10PM
Nov 2 & 3, 8PM
Nov 4, 4PM

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SYSTEM OF HIGHWAYS
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AMERICAN ASSOCIATION OF STATE
HIGHWAY OFFICIALS
NOVEMBER 11, 1926



PRESS RELEASE

“ The nimble & rapid-fire physical and mental wit and redoubtable talents of Angela
— Judy Finelli , Circus Center (San Francisco) —

“ A brave and charismatic presence, we get to travel through land, air and space ,
literally smashing pumpkins, slaying dragons, and surviving a dangerous shark attack”
— Adam Auslander , Hi Drama! (New York) —

“Giovane, Bella e promettente Clown Performer “
(Young, beautiful and upcoming clown)
— Gazzetta di Mantova (Italy) —

“Angela Delfini is a wonderful clown/actress who delights audiences every time she
steps on the stage.”
— Jim Moore, vaudevisuals.com (New York) —

“She is great!”
— Trav S.D. Travalanche (New York) —

“Multi-talented, multi-lingual Italian comic actress”
— broadwayworld.com BWW—



Toronto Clown Festival © Jim R Moore / Vaudevisuals 2017

“Toronto Festival of Clowns, Wonderwoman is enroute! Ms. Delfini’s name, is for good reason synonymous with a warm-blooded mammal. From stage to screen, from street to cabaret to concert, her talent is astounding and unbounding. Angela is the Samantha of the next nouveau clown generation. I was bewitched, and believe me, you will be too. Then again, who am I, and why am I telling you this when "Angela Delfini Explains It All for You!"?

-Jango Edwards-

JOHN TOWSEN

Born and lives in New York City.

The artistic career begins at 7 years, on television.

From here follows the clown to adulthood, from the schools of Long Island to the desert of Saudi Arabia, many of his shows are created with partner Fred Yockers. His Physical Comedy course is offered for years at Princeton University, Ohio University, and at the Julliard School.

In his second life he teaches multimedia and digital video on the faculty of Creative Arts & Technology at the Bloomfield College.

He is the author of *Clowns* (1976), artistic director of the first New York international Clown Theater Festival and the blog ALL FALL DOWN

<http://physicalcomedy.blogspot.it/>.

In New York he is co-founder of the NYC Physical Comedy Lab, collaborating with several clowns for the development of new material.

There is a more detailed curriculum:

<http://physicalcomedy.blogspot.it/2009/03/john-towsen-physical-comedy-resume.html>



ANGELA DELFINI

After graduating in tanztheater at the academy Paolo Grassi in Milan and working with choreographers, including Susanne Linke, she decided to intensify her study of ballet and the "mobile architecture" of its movement with masters Prisca Picano and Salvatore Tarascio.

At the same time, always attracted by theater, and the authenticity of improvisation, she studies Lecoq method with the master Kuniaki Ida. This double deepening led her to work as an actress, first in Italy, in particular with Marciel and his Cinema-Theater I Colori della Vita (The colors of Life) and as the creator of her performances, Festina Lente and Viva the Uorcsciopp: a silly digression about the different ways of imagining theater.

In France she continues her work with the Ploum Company and other movie directors.

In America she studies at the American Academy of Dramatic Arts in NY and she graduates at the Nouveau Clown Institute in Barcelona where she begins collaborating with Jango Edwards and other artists from different countries and spaces.

In 2013 she presents Rain Tomatoes in Mantova.

In 2014 she attends

The Very Physical Comedy Institute (U.S.) and presents her first One Woman Show in NY created with John Townsen:

Angela Delfini Explains It All for You.

In 2015, collaborations include Pettiroso Theater in Le cirque des Femmes; at the NY Physical Comedy Lab; and the Semana dos Palaços in Portugal.

She also participates in various cabaret shows in Italy with Tutto in una Soffio (All in a Breeze), a short clown show still on the road.



In 2016, she debuts the Spanish version *Angela Delfini Te lo Explica Todo* for the Very Important Women festival in Barcelona.

Since September 2016, the creation of the Mantua's group, *LaSrabis*, combines various circus arts including clown and aerial, performing in many events and festivals.

In 2017 the show *Angela Delfini Explains It All for You* is selected for the Toronto Festival of Clowns and welcoming her back home, the Magda Clan Circus tent is there to host the very first preview of the Italian version *Angela Delfini ti Spiega come Funziona Tutto!*

The interest in pedagogy and direction becomes more and more substantial in workshops and collaborations with other artists: in 2018 she is in *ESCHE: Circo Fresco di Giornata* (Lures: Fresh Circus of the Day), Magda Clan Circus.

In September the US tour *Angela Delfini Explains It All for You: from east to west* she plays in different theaters and circus spaces, and teaches workshops in prestigious universities.

The cities of the tour are Baltimore, New York, St.Louis, Chicago, Aurora, Colorado Springs, Alamosa, Las Vegas, Claremont, Los Angeles, Camarillo, Santa Barbara, and San Francisco.

In 2019 the opening of *Angela Delfini Ti Spiega Tutto* in Italy at *MonCirco*, festival of contemporary circus, *Open Festival* in mantova and *Circo all'incirca* in Udine. In September she leads the training class at NCI and the creation of the new Trio in Barcelona.



TECH

SOUND/AUDIO:

Speakers and sounds system with connection for computer, tablet.

LIGHTS

Optimal lighting would be 12-14 instruments and relative channels for DIMMER

Gels: 2 blu, 2 green, 2 red, 1 amber,

SCENERY NEEDS:

Weights or hooks behind wings for anchoring the ropes used on stage.

SPECIAL REQUEST

Fog machine.



LINK TRAILER

<https://youtu.be/dPeL5EPtHIs>

